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December 15, 2013

**CURRENT POSITION:** Military Family Life Consultant, MHNGS/Healthnet Inc. (civilian mental health contractor for the Department of Defense)

- Adult MFLC, Marine Corps Air Base, Iwakuni, Japan, *December 28, 2014 to May 4, 2014*
- Child & Youth Counselor, Ursa Minor Elementary School on Joint Base Elmendorf-Richardson, Alaska, *August 18, 2013 to December 21, 2013*
- Child & Youth Counselor, Ramstein Air Base, Germany, Child Development Center, *January 2, 2013 to March 29, 2013*

**AREAS OF INTEREST:**

- Military social work: deployment psychology; resiliency; childhood & adolescent trauma; neuro-sequential models of treatment; forensic social work.

**EDUCATION:**

- Masters in Social Work, University of Washington. *1976*
- Bachelors in Urban Planning, University of Washington. *1972*

**POST-MASTERS TRAINING:**

- "Living in the New Normal" Military Child Education Coalition. *2013*
- Certified Civilian Mental Health Provider, Center for Deployment Psychology at the Uniformed Health Services University. Bethesda, Md. *2012*
- Military Family Life Consultant Credential (online). *2011*
- Neuro-sequencing Model of Therapeutics; Bruce Perry, MD. Washington D.C. *2008*
- Advanced Risk Assessment Skills with Violent Youth; Randy Borum, Psy.D., J. Reid Meloy Ph.D., Steven Jobes, Ph.D. and Kris Mahondie, Ph.D. San Diego, California. *2007*
- "Opening Pandora's Box: Addressing Classism" Felice Yeskel, Ed.D., Class Action, Northampton, Mass. *2006*

**PROFESSIONAL CERTIFICATION:**

- Licensed Independent Clinical Social Worker (LICSW) Commonwealth of Massachusetts Board of Registry, License # 103367. *1983-present*

**PROFESSIONAL EXPERIENCE:**

- Professor of Practice; Coordinator of the Trauma & Interpersonal Violence Specialization. Simmons College School of Social Work, *January 2011 to July 2013*  
Associate Professor. *July 2010 to January 2011*  
Assistant Professor. *January 2005 to July 2010*
- Director of Clinical Services: Walker Home & School. *June 2003- August 2004*
- Lecturer: Boston College School of Social Work. *September 1991- May 2003*
- Lecturer: Smith College School of Social Work & Professional Education Program. *June 1989- June 2005*
- Trainer: Child Welfare institute, Massachusetts Department of Children and Families. *January 1983-present*
- Sex Offender Treatment Specialist/Evaluator: Massachusetts Department of Youth Services, Massachusetts Department of Mental Health Child & Adolescent Services, and various locked or residential treatment centers. *January 1983-present*
- Clinical Consultant: Numerous agencies throughout the U.S.A. and the Government of Bermuda. *August 1985-present*
- Expert Witness: U.S. Attorney General (manufacturing and distribution of child pornography); Florida Public Defenders Association (sentencing phase of death penalty trial); qualified in 8 States as an expert in Superior, Family & Probate and Civil Courts. *January 1985-present*
- Clinical Director: Intensive Residential Treatment Program for Adolescent Females (locked unit). Taunton, Mass. *March 1994-October 1995*
- Clinical Director: Pilgrim Center (residential home for teen males convicted of assault & rape). Braintree, Mass. *January 1989- August 1991*
- Founder and Director: Sex Abuse Treatment Unit, Coastal Community Counseling Center. Braintree, Mass. *March 1982- December 1986*
- Foster Parent & Author. Brownsville, Vermont. *January 1978- June 1982*
- Founder and Director: Rape Prevention Forum. Seattle, Washington. *March 1973- September 1978*

**COMMUNITY SERVICE (2004-present):**

- S.M.A.R.T. Team (community re-entry for proven risk juvenile offenders). *January 2012 to present*
- Clinical Supervisor (weekly): Elizabeth Stone House (domestic violence & homeless shelter); Dorchester, Mass. *2007-2010*
- Critical Incident De-Briefing and Monthly Consultation: Codman Square Health Center Behavioral Health Dept. Dorchester, Mass. *2006 to present*
- Trauma Specialist: Lutheran Social Services Unaccompanied Minor Refugee Program. Worcester, Mass. *2004-present*
- Combined Jewish Philanthropies Be'it Maya Project; Haifa, Israel; Support Team for Municipality of Haifa Social Workers after the Summer 2006 War. *January 2007*
- Massachusetts Department of Youth Services Clinical Case Review of 8 Convicted Adolescent Sex Offenders Mandated to Adult Prisons: Finding Alternative Treatment Methods While Keeping the Community Safe. *August 2009-present*

**PUBLICATIONS:**

- Sanford, L.T., Strong at the Broken Places: Building Resiliency in Survivors of Trauma, Random House, 1990; Avon Books 1992; *NEARI Press* 2005.
- Sanford, L.T. and M.E. Donovan, Women and Self-Esteem: Understanding and Improving How We Think and Feel About Ourselves, Doubleday & Co. 1984; Viking/Penguin 1986.
- Sanford, L.T., The Silent Children: A Parent's Guide to the Prevention of Child Sexual Abuse, Doubleday & Co. 1980; McGraw-Hill, 1982.
- Sanford, L.T. and A. Fetter, In Defense of Ourselves: A Rape Prevention Handbook, Doubleday & Co. 1978.  
.....and numerous articles in popular magazines

**COURSES:**

- SSW 409 Realities of Racism and Oppression
- SSW 411A & B Human Behavior in the Social Environment
- SSW 528 Clinical Practice with Child & Adolescent Trauma
- SSW 529 Forensic Social Work (developed new course)

**COLLEGE-WIDE SERVICE:**

- Faculty Senate; liaison to Student Life Subcommittee, Board of Trustees. *2005-2007*
- De-Stigmatizing Mental Illness Lecture (co-sponsor & organizer), *2008*
- Faculty Team Leader for Workforce Development Task Force for "Rosie D." Wrap-Around Model Curriculum Development. *2008-2009*
- Elected representative to the Faculty Policy Manual Committee. *2009-2010*

**SCHOOL OF SOCIAL WORK SERVICE:**

- Admissions Committee. *2005-2013*
- Recruitment of Tuition Partnerships with Justice Resource Institute and Adoption & Foster Care Mentoring (11 students total). *2005-2010*
- Teach in CAGS Program in Relational & Contextual Treatment of Trauma. *2006-present*
- Member of the Curriculum Committee. *2009-2010*

**BOARDS:**

- U. S. Attorney General's Symposium on Child Molestation, *1984*  
Child Welfare League of America Child Protection Standards and Practices Board, *1988-1989*
- Jewish Big Brother & Big Sister (as a consumer/parent) of Massachusetts, *2000 -2004*
- Co-Chair of the Committee to Change the Professional Social Worker Licensing Bill, *2002-2005*
- Schools for Children Technical Advisory Board, *2005-present*
- Program Committee Chair : Adoption & Foster Care Mentoring Board of Directors, *2007-present*
- New England Network (regional subsidiary of the Child Welfare League of America) Board of Directors, *2008-2011*

**AWARDS:**

- National Association of Social Workers (Mass. Chapter) Award for "Greatest Contribution to Social Work Practice." 2002
- Devereux Foundation "Legacy of Caring" Award, 2010

**PRESENTATIONS (regional and national conferences only):**

- "Strong at the Broken Places" Keynote for the North Carolina State University Alumni Day Conference. Raliegh, N.C., *March 2012*.
- "Discovery Resiliency in Juvenile Offenders" Invited Speaker for the Department of Justice Office of Juvenile Justice Delinquency Prevention Annual Conference. Washington D.C. *October 2011*
- "Comprehensive Airman Fitness" Invited Speaker for the Medical Wing of the U.S. Air Force at the American Professional Society on the Abuse of Children. Philadelphia, Pa. *July 2011*
- "Problematic Sexual Behaviors in Children" Casey Family Services National Foster Parent Appreciation Conference. Boston, Mass. *May 2011*
- "Are You My Mother? The Impact of Placement Disruptions in Foster Children's Lives" Keynote Address for Child Welfare League of America Regional Foster Parent Appreciation Conference. Sturbridge, Ma. *October 2010*
- "The Best Revenge is Living Well" Keynote address presented at the International Bullying Prevention Conference. Pittsburgh, PA. *November 2009*.
- "'Are You My Mother?' The Impact of Multiple Placement Disruptions in Children's Lives." Workshop at the Worcester Institute for Trauma and Loss National Conference. *September 2009*
- "Strong at the Broken Places" Keynote address presented at the NASW Maryland Chapter Annual Conference. Baltimore. *September 2009*
- "Trauma Informed Care of Youth with Conduct Disorders." Presented at the Department of Justice Office of Juvenile Justice and Delinquency Prevention Conference. Washington, D.C. *July 2009*
- "Strong at the Broken Places: Building Resiliency in the Lives of Women" Keynote address to the Idaho State Victim Witness Bureau Annual Conference. Boise, ID. *June 2009*
- "Children Who Act Out Their Pain: Sexual Behavior Problems in Children" presented at the Oregon State Police Summit on Child Abuse. Portland, OR. *May 2009*.
- "Adjustment Disorders in the Emerging Generation" presented at the Harvard Medical School Conference on Understanding Young Adults. Boston, Mass. *April 2009*.
- "Who Needs A Self-Less Social Worker?" presented at Brigham & Women's Hospital/Dana Farber Cancer Institute Social Work Department Staff Appreciation Day. Boston, Mass. *March 2009*.
- "Our President is a Group Worker" Keynote address presented to the Association for the Advancement of Social Work with Groups (Massachusetts Chapter). Brookline, Mass. *March 2009*.
- "Shame: Speaking the Unspeakable" presented at the Eastern Conference on Child Sexual Abuse. Washington, DC. *March 2009*
- "I Am Bad So I Do Bad: Working with Conduct Disordered Youth." Keynote address presented at Onarga-Nexus Academy. Kankakee, IL. *December 2008*
- "I Am Bad So I Do Bad: Working with Conduct Disordered Youth" presented at the

Midwestern Conference on Child Sexual Abuse. Madison, WI. *October 2008*

- “Fire and Sex: Acting Out Behaviors Amongst Traumatized Children” Workshop at Juvenile Arson Investigators National Training Conference. Framingham, Mass. *November 2007*
- “Most Difficult Case Consultation Model.” Two Day Clinical Training for the Fire Department of New York City Employee Assistant Program. New York City, NY. *October 2007*
- “My Humps: the Hyper-sexualization of Our Children.” Keynote Presented at Harvard Medical School Conference for School Social Workers. Boston, Mass. *March 2006*
- “We Are a Latina-Jewish Family: Our Journey as a Trans-racial Family.” Keynote address presented at the Adoption Rhode Island Annual Conference. Providence, Rhode Island. *March 2005*
- “The Underside of Addictions: Treating Shame.” Keynote for the Boston Medical School Annual Conference on Addictions. *June 2005*
- “I Am Bad So I Do Bad Things: A Bio-Psycho-Social Model of Disorders of Conduct.” University of Wisconsin Eastern Conference on Child Sexual Abuse. Madison, Wisconsin. *October 2004*
- “Resiliency in the Lives of People with Addictions.” Betty Ford Treatment Center & Riverside County Human Services. Palm Springs, California. *October 2004*